



## HOST YOUR OWN RETREAT AT ALYA

Alya Retreat Center is an extraordinary place that offers a very unique way to experience Costa Rica. Nestled amongst the unspoiled jungle of San Juanillo, Guanacaste, at 1.5 kilometers from the Pacific Coast. This is a peaceful sanctuary for ascending the mundane to heal and rejuvenate the mind, body and soul. We offer a unique eco-retreat experience, an organic garden, delicious cuisine, and our own spring water, all situated within a lush tropical heaven.

We will support you to create your own unique retreat and make it the best experience for you and your group.

## ACCOMODATIONS

- 5 Casitas hosting 11 -14 people
- 1 big Dormitory hosting 7 -10 people
- Lots of space for camping

LOW SEASON (May to Oct)					HIGH SEASON (Nov to Apr)				
single	doble	triple/cuadruple	dormitory	camping	single	doble	triple/cuadruple	dormitory	camping
\$ 65	\$ 50	\$ 35	\$ 35	\$ 15	\$ 80	\$ 65	\$ 45	\$ 45	\$ 25

Includes: Facilities, Yoga Shala, Cleaning Person, Linen Laundry

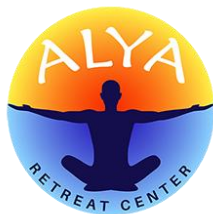
## FACILITIES

- Teac Wood floor Yoga Shala (1000 ft<sup>2</sup>/90 m<sup>2</sup>, fitting comfortably up to 45 yoga practitioners)
- Spacious integrated kitchen/dining room
- Healing/massage room
- Outdoor fire place
- Gathering and social areas
- Ceremony/Tamazcal areas
- 20 acres of forest

## FOOD

	Price per person (1 MEAL)	Price per person (2 MEALS)	Price per person (3 MEALS)
Vegetarian/vegan/raw non organic	25	40	50
Vegetarian/vegan/raw organic	prices upon request	prices upon request	prices upon request

Prices include: A Cook & a Cook Helper



## ACTIVITIES & EXCURSIONS

PRICES (aprox per person)	
Horse back ride to waterfalls (with breakfast included)	\$ 75
Zip Line	\$ 75
Paddle Board Mangrove Tour	\$ 75
Surf Lessons	\$ 40 - 65
Natural Sweat Lodge	\$ 15
Massage & different healing techniques (60 to 90min)	\$ 70 - \$90
Boat Tour (to see turtles, dolphins and whales)	\$60 (per boat/1hr)
Beach (snorkeling, swimming, see the sunset in one of the most beautiful white sand beaches of Costa Rica)	free
Hiking (Alya's creek, hike to nearby beaches and surroundings)	Free/\$5 with guide

## TRANSPORTATION

TRANSPORTATION (aprox prices)	one way	roundtrip
Shared Shuttle Liberia Airport/San Juanillo (max 8 people)	\$ 175	\$ 350
Single Shuttle Liberia Airport/San Juanillo	\$ 150	\$ 300
Bus from Liberia to San Juanillo	\$10 to \$ 15 aprox	/
Shared Shuttle to San Juanillo Beach (max 8 people)	\$ 15	\$ 30
Bus from San Jose to San Juanillo	\$15 to \$20 aprox	/
Taxi San Juanillo to Alya	\$ 10	\$ 20
Quad & Car Rental for individuals & groups	Inquire for pricing	

## OTHER SERVICES

GROUP GUIDE/HOSTESS/ASSISTANT (price per day)	
Communication, logistics, organization, taking care of the group, etc.	\$50

We would love to help you further in planning your retreat here at Alya so please don't hesitate to ask us questions and to explore any of our offerings in more details.

For your convenience email us at [alyaretreatcenter@gmail.com](mailto:alyaretreatcenter@gmail.com) or call us at (506) 8953 4414.

With Love,

Alya's team [www.alyaretreatcenter.com](http://www.alyaretreatcenter.com)